



Transformation work streams

Shropshire Neighbourhood

What this will mean for patients, staff and the system

The STP programme will deliver sustainable benefits by:

- 1. Developing leadership with the knowledge, skills and experience to deliver system-wide clinical, operational and financial transformation across all organisations and at all levels
- 2. Increasing (through better demand management and reduced duplication) capacity across the system to deliver safer, more accessible and higher quality planned, preventative and urgent care services
- 3. Making better use of innovative approaches to care records, care navigation, staff roles & responsibilities and service delivery to increase the efficiency and effectiveness of services
- 4. Increasing engagement and meaningful co-design with service users, all partners and our workforce, to enable the creation of processes and systems that deliver benefits for everyone
- 5. Building a system-wide culture, which ensures that the benefit to the system is considered in all organisational level planning and which dissuades any decision-making in organisations that is at the expense of others



Our Current Challenges

What We Will Deliver





The Shropshire Neighbourhood Workstream will deliver:

The following table provides an overview of the Shropshire Outcomes

Outcome	Clinical Outcomes	Patient Experience	Safety/Quality	Resource	Resource
Statement	Demonstrated by	Improved by	Assured by	requirements	sustainability
Reduced levels of avoidable hospitalisation	Reduced levels of avoidable non-elective admissions (current estimate c4,000 admissions per year) Improved access to community based conservative management and reduced levels of surgical interventions (current estimate c£12m per year)	Enabled independence Prompt access to urgent and emergency services Reduced LOS and improved discharge Improved access to community therapy Improved access to surgery Improved patient reported outcome measure Scores (PROMS)	Consistent evidence based service models and specifications: NEL admission prevention and avoidance Frailty pathway Ambulatory care Community based conservative management VBC		



High level actions

Key actions	What will it look and	How will we know when	How will we do it		Del	ivery Timesca	ile	
,	feel like	we have achieved the outcome		30 days	60 days	90 days	QTR 4	Future Date
Outcome 1 – Implement s	ystem prevention program	me (all partners)						
1.0 MECC plus - a new approach to MECC that supports health and care practitioners to have behaviour change conversations.	People routinely have conversations with health and care practitioners (including the vcs) regarding their health and wellbeing. Health and care practitioners are confident to connect people to support mechanisms they need.	People's lifestyles are improved. People's health behaviours are improved People feel supported	All commissioners and services (including the vcs) adopt MECC plus principles throughout organisations. MECC plus is considered a competency for all grades within services			Pilot?		Ongoine
1.1 Developing locality hubs – Drawing together services to offer support, information and advice in a hub linked to all out of hospital schemes including the 5 year forward view	Families and people will access services, advice and information for a range of health and wellbeing issues at a coordinated hub. Some services will be offered at the hub, other services will be available through the hub virtually	People will have a clear understanding of where to access their health and wellbeing services	Develop common view of what a hub will do (it is envisaged that it will include social prescribing, nursing, some council services, children's support services etc) Shared development and timeline Piloting in one local area first Rolling out					Aril 18



Care navigation— services are joined up as one model supporting the whole population (including families) led through hub models, let's talk local, and the community care coordinator schemes linked to population health management — the most vulnerable people as identified through population health management — to include strengthening families	Statutory and commissioned services in Shropshire proactively seek to support people who are vulnerable (or who could use support) due to health and wellbeing issues. Services know how to connect people to assets within their communities through hubs and care navigators (let's talk local & community care coordinators)	People feel supported to improve their health and wellbeing. People's experience of care is improved. People's lifestyles are improved. People's health behaviours are improved	Develop a model of care navigation through existing structures that is jointly funded, • Let's talk local • Community care coordinators • Social prescribing • Dementia Companions • Children's centres • (links to other services like		April 18
			alcohol liaison and Stop before your op)		
1.3 Healthy Conversations – supports development and delivery of MECC plus, Care navigation and Social prescribing	Healthy conversations is a behaviour change tool used to support organisations to adopt a MECC plus approach and which supports care navigation. Healthy conversations is developed with tiers of learning to support colleagues to	Staff (statutory and non-statutory) feel confident to have healthy conversations with the people that they work with and feel confident to refer people to Social Prescribing, care navigators, or to	Led by public health, a comprehensive tiered Healthy conversations approach will be developed and delivered across the county. – Pending funding		Ongoing



Outcome 2 –Develop mod	del of social prescribing to b	e used for scaling up across	the county			
2.0 Social Prescribing Model development — based on Oswestry Pilot — linked to population health management — hubs and care navigation -supporting those who are vulnerable or need support to improve health and wellbeing	Social prescribing model is available across Shropshire. Social prescribing is aimed at those individuals who are at risk of developing ill health or are beginning to become unwell and who the referrer feels would benefit from structured support to reduce their risk.	People will feel supported to access the help they need Reduced unplanned hospital admissions Reduced GP appointments Reduced reliance on ASC	Pilot operation in Oswestry will provide feedback needed to develop a Shropshire model. Public Health will lead on model development and implementation		X	
2.1 Social Prescribing evaluation	Social Prescribing pilot is evaluated providing commissioners and practitioners a good basis for social prescribing model development/ improvement to support rollout	Evidence base will be developed for improvement and roll out of social prescribing	Contract for delivery already in place – Westminster University		х	
2.2 Resilient Communities roll out - support social prescribing	All (18 place plan areas in Shropshire) will be supported by the Community Enablement team; developing improved communication channels, community connectors, and supporting health and	Communities feel connected and are working together to support each other Unplanned hospital admissions are reduced Reduced GP appointments Reduced reliance on ASC	Delivered by Shropshire Council's community enablement team			Ongoing



Outcome 3 –diabetes prev	vention, CVD and respirator	y prevention programmes					
Deliver the diabetes	People who are	Fewer people who have	Scaling up the two pilots			Х	
prevention programme	identified as pre-	pre-diabetes progress to	currently running in				
– focussed on the	diabetic are offered	have type 2 diabetes	Oswestry and				
Shropshire pre-diabetes	information sessions,		Shrewsbury				
protocol – linked to GP	community support		Pending funding				
5YFV and social	through social						
prescribing	prescribing and						
	structured education (EXPERT)						
Work with GP practices to identify practice population with CVD or CVD risk – linked to pre-	People who are at risk of developing CVD or who have CVD are proactively identified	Improved health outcomes for those with CVD or those at risk of CVD	Programme of work linked to Healthy Lives and Help2Change		X		
diabetes and social prescribing & GP 5YFV	through the GP record. Community support and improved information provided regarding lifestyle risk associated with CVD. Those at risk are offered social prescribing.	Reduced unplanned hospital admissions due to heart attack and stroke					
Work with all providers to identify those who have respiratory issues and provide community support - linked to prediabetes and social prescribing & GP 5YFV	People who have respiratory issues are proactively identified by health and care practitioners. Community support, information provision, stop smoking services, and social prescribing offered.	Improved health outcomes for those with respiratory issues Reduced unplanned hospital admissions	Programme of work linked to Healthy Lives and Help2Change		X		



Outcome 4 - Deliver all age ca	rers strategy					
4.1 Carers, including young carers are included in care planning (for example at hospital discharge).	Carers will be involved in the discharge process, to help ensure they are able to manage to care for the person they look after at home.	Hospital discharge paperwork will ask if patient is being cared for at home, This will trigger support and information for the carer if needed, including medication discussion.	Liaise with hospital partners through Task and Finish Group to implement.		X	
4.2 Review assessment process for all carers and ensure understanding of replacement care needs. 4.2 & 4.4 are linked	Assessment process will feel simpler and avoid carer having to repeat their story	Reduction in the number of assessments a carer may have from different agencies, thus saving staff and carer time.	Review of Partners current assessment methods for carers, to help meet their needs and avoid having to repeat their story.		Х	
4.3 Providers and partners communicate to ensure information is easily accessible and in different formats. This should include health information and interventions for carers to help avoid ill health and injury.	Carers will know where to access good written, online and face-to-face advice and information relating to their caring role.	Up to date timely information will be available on-line, from professionals and in written format.	Consultation has been taking place with carers to establish the best way to communicate sources of help and support.			
4.4 Embed planning for the future as a part of All-Age Carer Health and other assessment discussions. 4.2 & 4.4 are linked	Assessment process will feel simpler and avoid carer having to repeat their story	Reduction in the number of assessments a carer may have from different agencies, thus saving staff and carer time.	Review of Partners current assessment methods for carers, to help meet their needs and avoid having to repeat their story.		Х	
4.5 Actively encourage all local organisations to adopt the Employer and Employee Pledge to recognise and support Carers in their employment.	All major employers, starting with Shropshire Council, will adopt the pledge.	The Employer Pledge for carers will be known by carers, and embedded in their Shropshire employer's policy.	Work with employers in Shropshire to adopt the pledge to recognise and support Carers in their employment.		X	



5. Mental Health						
5.1 Tamhs – continued	Children and young	Improved mental health	Schools and partner			Ongoing
improvement	people's emotional	outcomes for young	agencies participate in			
supporting children's	resilience is developed	people	multi agency core			
health through schools	through work with		training on issues such			
	schools to: Increase	The stigma surrounding	as self harm, suicide			
	awareness of mental	mental ill health is	prevention, domestic			
	health/mental ill-	eroded	abuse, loss and			
	health; Develop a		bereavement.			
	common language that	School staff can				
	expresses thoughts and	recognise and respond				
	feelings; Promote and	to emotional needs of				
	develop strategies to	young people and what				
	support mental health,	to do and say following				
	build confidence self-	identification of need.				
	esteem and resilience;					
	Improve					
	communication and					
	consultation with 0-25					
	EHWS; Support schools					
	to develop their role as					
	commissioners to					
	achieve positive mental					
	health outcomes					
5.2 Link to MECC plus	People routinely have	People's lifestyles are	All commissioners and			Ongoing
	conversations with	improved	services (Including the			
	health and care		VCS) adopt MECC plus			
	practitioners (including	People's mental health	principles throughout			
	the VCS) regarding their	is improved	their organisation			
	mental health and					
	wellbeing.	People feel supported				
	Health and care					
	practitioners are	The stigma surrounding				
	confident to connect	mental ill health is				
	people to support	eroded				
	mechanisms to fulfil					



5.3 Embed the Adverse	People routinely have	People feel supported	All public sector	Multi		
Childhood Experiences	conversations with		organisations (including	agency		
(ACE) approach	public sector	People's mental health	VCS) adopt the	conference		
(**************************************	professionals with	is improved	principles of the ACE	as first		
	whom they have built a		approach and routine	step		
	rapport. This will allow		enquiry across their	'		
	consideration of the		organisation			
	impact that adverse					
	childhood experiences					
	may have on their					
	behaviour or reaction					
	to life experiences. This					
	knowledge will provide					
	a deeper understanding					
	and lead to identifying					
	possible coping					
	mechanisms or support					
	where it is needed.					
5.4 Develop Suicide	The Suicide Prevention	Joint suicide prevention	Community Suicide	Action		Ongoing
prevention strategy	Strategy will provide a	strategy in place	prevention Action	Groups		
	common understanding		Group's in place, actions	established		
	and vision for Telford	Reduction in numbers of	identified and	and first		
	and Wrekin and	those people taking	undertaken.	meetings		
	Shropshire.	their own life		held.		
		Improved support for				
555 L II II	TI 01 1:	those affected by suicide	D 1 01 1:			
5.5 Develop alternative	The Shropshire	People in mental health	Develop a Shropshire	Open to		
to use of Section 136	Sanctuary, will provide	crisis feel supported not	Sanctuary alternative to	police		
	one to one support to a	criminalised	Section 136 – initially	referral		
	person experiencing	Farran na anta datai:	this will be used by the	now.		
	mental health crisis.	Fewer people detained	police. Once established the alternative will be			
	The Shropshire	under Section 136 of the	rolled out to A&E			
	Sanctuary will be a safe place as an alternative	Mental Health Act.	services.			
	•		services.			
	to section 136 and will					



5.6 Health checks	People living with long	Improved physical health	Develop a model of	Pilot ?	
	term mental health	of those living with long	physical health checks		
	conditions receive	term mental health	and guidance linked to		
	regular physical health	conditions	prescription of medical		
	checks and advice &		interventions for long		
	support to improve	More people living with	term mental health		
	their physical health	long term mental health	conditions.		
	and wellbeing	conditions live longer	Help2change undertake		
		healthier lives.	a pilot with the		
			Clozapine clinic in		
			Telford & Wrekin.		
5.7 Campaigns – the	A holistic approach to		Online campaign		
One You	improving people's	Peoples physical and	promoted across all		
	health and wellbeing. It	mental health is	public sector		
	will see adults in	improved	organisations in		
	Shropshire encouraged		Shropshire.		
	to move more, eat well,	People live longer,			
	drink less and be smoke	healthier, independent			
	free, as well as	lives			
	understanding how				
	people can reduce their				
	stress levels and sleep				
	better.				



6. MSK (including Falls	prevention) – must be linked	to Frailty for the full systen	n falls transformation			
6.1 Healthy Ageing Exercise and Activity – linked to social prescribing and hubs	People have access to a number of different opportunities for activity and exercise as they age. Activity supports people feeling connected and part of their communities.	reduction in CVD reduction in diabetes reduction in falls related injuries/ conveyances	Work through resilient communities and hub models to support and develop activity for older people Use Everybody Active Everyday framework to improve activity take up across all age groups.			Ongoing
6.2 Falls Service specification improvements (SCHT)	Falls prevention contract with the Community Trust to be a distributed and embedded function widely delivered throughout SCHT, rather than the sole responsibility of one team in the Trust.	Reduction in falls (ambulance data, a&e data, fracture data)	Contract management and service specification development with the falls service	Х		
6.2 Community PSI	evidence-based community exercise postural stability classes, enabling older people to be referred from local health services; classes will be available in at least 10 locations across Shropshire	Programme is implemented Reduction in falls (ambulance data, a&e data, fracture data)	Contract community PSI with local provider		X	Ongoing



6.3 Campaign - Let's	Social media campaign	Reduction in falls	Work as a system to	Х		Ongoing
talk about the F word	to raise awareness of	(ambulance data, a&e	promote the campaign			
	the on -line national	data, fracture data)	through health and			
	and local tools	Social media tracking	wellbeing partners			
	available to help					
	people to understand					
	falls risks and enable					
	older adults to take					
	action to reduce their					
	risk of falls.					
6.4 Skills development						
Healthy Conversations-						
(behaviour change						
skills development						
with public sector						
partners) – as						
described in 1.2 above						



	Shro	ppshire Out of Hospital (Popul	ation Health Management)					
Key actions	What will it look and feel	How will we know when we	How will we do it		Del	ivery Time	scale	
	like	have achieved the outcome		30 days	60 days	90 days	QTR 4	Future Date
Outcome 1 – Develop a popu	ulation health management to	ool and approach to under pin	priorities for the STP					
1.0 Identification and analysis of a wide range of data from different sources to support	Should produce a report / report that can be available with high level priorities							le.Dec/19
formulating priorities 1.1 Drill down to understand relationship between different data relating to the priorities and how it relates to the population or how the population impacts on priorities. Also how this fits with current service	Will include further in depth analysis based around the identified priorities, patterns of health care use / activity, population trends, variation and identifying inequalities – conclusions can then be made about how priorities can be met							
provision 1.2 Review evidence of what works to prevent / manage issues raised in the priorities. What does this tell us about future service provision and where we need to be Outcome 2 – Establish popul 2.0 Build consensus to support the use of using practice data to identify	Look at this in relation to overarching priorities and also they can be implemented based on findings from more in depth work.	t risk groups using data from G	P practice					



2.1 Develop pathways /				
signposting for patients				
not deemed very high risk,				
but who could still benefit				
from a more upstream				
intervention				
2.2 Put this into practice				
starting by looking at				
conditions that have been				
identified through the				
population health				
management approach				



		1. Early Discha	arge Planning					
Key actions	What will it look and feel	How will we know when we	How will we do it		Del	ivery Time	scale	
	like	have achieved the outcome		30 days	60 days	90 days	QTR 4	Future Date
Outcome 1 - Early discharge	planning – non elective adm	issions						
1.1.1 Identify level of problem via joint (Shropshire and T&W) audit	The system and those working within will understand processes for planned care	An audit will be produced	Commissioners will conduct an audit of current practices		Х			
1.1.2 Develop systems for early discharge planning that connect to current hospital and community solutions	Discharge planning will happen at an early stage and all services involved in care will know and understand the discharge plan	People's experience of care is improved Delayed transfers are reduced Systems and transformation schemes will link up (eg Red – Green & Social Prescribing)	Commissioners, providers, GPs and service users/ patients will agree early planning process Process will be connect to safer bundle, red to green and ibcf improvements			X		
Outcome 2 – Emergency adr	l missions to hospital							
1.2.1 Develop system for discharge planning for emergency admissions will begin as early as possible (in A&E) and will understood by all those involved in the health and care of the patient	Active discharge planning will happen routinely at A&E, even prior to moving to a ward. The discharge plan will be available for regular review and discussion with the patient and carers. Health and care committed to meeting discharge plan.	Patients and their carers are actively involved in their discharge planning Patients experience of care is improved Delayed transfers of care are reduced	Develop new discharge planning at time of entry to hospital Connect current transformation programmes (including safer bundle and red to green), with Social care ibcf improvements		X	X		



		2.Systems to monito						
Key actions	What will it look and feel	How will we know when we	How will we do it		Del	ivery Time	scale	
	like	have achieved the outcome		30 days	60 days	90 days	QTR 4	Future Date
Outcome 1 – SaTH Internal [Demand and Capacity develop	ment						
2.1.1 Needs analysis re internal capacity	Better understanding of internal flow	Needs analysis completed	Needs analysis delivered by Kate Shaw	X				
2.1.2 Reducing length of stay in the acute and community hospitals	Clinical decision making and patient flow are connected. Clinicians feel confident in system to provide right care at the right place	Hospital transformation plans are linked Future Fit and to community transformation plans Delayed transfers are reduced Length of stay is reduced	Include clinical decision making in workforce planning Link discharge planning to community services review and available resources in the community				X	
Outcome 2: External dem	and flow							
2.2.1 Clarity required over time line for FF reconfiguration and link to community services, and other transformation programmes	Better joined up transformation planning Patient and carers are at the centre of planning	A system plan is developed for Admissions avoidance and transfer of care that is recognised by the system	Supported by the STP PMO, the Optimity work, system planning is clear and agreed. Work programmes progress toward clear plans Wayne Greenwoods work, Tony Menzies work and the IBCF are joined up			X		



Outcome 3 – Draw together	independent pieces of work	on patient flow to provide need	ds analysis			
2.3.1 needs analysis to	Flow in and out of hospital	Improved patient flow	Specific piece of work	Х		
include - safer bundle and	is mapped and	Reduced delayed transfers	with SaTH and the			
red to green work taking	understood and	Reduced length of stay	Community Trust			
this forward – capacity	improvement plans are					
and demand modelling	joined up – linked to					
	outcome 1					
Outcome 4 - IBCF						
2.4.1 IBCF will introduce	Social care and clinicians	People's experience of care	Implement let's talk local	Х		
let's talk local sessions and	working together to	is improved	sessions in the acute			
social workers on wards to	support the patient, to	Length of stay is reduced	hospital			
aid with discharge,	identify needs and to	Delayed transfers reduced				
assessment and	ensure as many as					
reablement planning	possible needs can be					
	addressed in the					
	community					



	3. Multi-di	sciplinary admission avoidance	e /multi – agency discharge	teams				
Key actions	What will it look and feel	How will we know when we	How will we do it		Del	livery Time	scale	
	like	have achieved the outcome		30 days	60 days	90 days	QTR 4	Future Date
Outcome 1 – Integrated Disc	charge hub							
3.1.1 Clarify the scope and function of an integrated hub and clarify how it can link into or reconfigure what we already have – ICS (Shropshire) ICT (Telford),	Assessments are as streamlined as possible and where possible one assessment needed for all health and care providers Teams work together and care feels seamless	People's experience of care is improved People are better informed about options Delayed transfers are reduced	work needs to take place for acute, community hospital and care homes		X			
3.2.1 link multidisciplinary teams to community services transformation and admission avoidance and readmission avoidance	Teams work together to keep people out of hospital and receiving appropriate levels of care in the community	Reduced unplanned admissions More people receiving care at home	Develop the community services offer Develop crisis response multidisciplinary team			X		
	ds to further develop VCS role	in discharge teams						
3.2.1 T&W Develop improved contracting and working relationships with the VCS	VCS are fully involved as part of the discharge team	T&W reporting improved connection with the VCS as part of the multidisciplinary team	T&W commissioners to ensure VCS connected to commissioning plans and intentions			X		
Outcome 3 – Develop under	standing of long delays in rela	tion to CHC decision making -						
3.3.1 Audit - mwhy do some take as long as they do? Is it possible to shorten the time it takes for a decision? – could	It is fully understood why CHC decision making can take a long time	Reduced delayed transfers of care	Short piece of work jointly commissioned by Shropshire and T&W			Х		
3.3.2 reduce CHC decision making time for complex cases	CHC decisions are as efficient as possible	Reduced length of stay Reduced delayed transfers of care	Follow on work from the CHC audit					2018/19



Outcome 4 – Admission Avo	idance and Discharge teams a	re linked with care navigators/	community care			
3.4.1 Develop system	Community 'care	People's experience of care	Link to Neighbourhoods		Х	
Community care	navigators' are a key part	is improved.	Workstream – develop			
coordination/ care	of supporting people to	Reduced hospital	model that integrates			
navigators that provide	remain independent at	admissions	health and social care -			
links to social prescribing,	home. They are available	Reduced GP appointments				
voluntary and community	to support people with					
sector, social care	information, signposting					
	and referral to Social					
	prescribing					



	4. Home first/discha	rge to access					
What will it look and feel	How will we know when we	How will we do it	w will we do it Delivery T				
like	have achieved the outcome		30 days	60 days	90 days	QTR 4	Future Date
Patients are able to return home within 48 hours of being declared Fit for assessment where their health and care needs going forward will be assessed	Delayed transfers of care will reduce More people will remain independent at home for longer	Complete the capacity and demand modelling as per section 2 – systems to monitor patient flow			х		
r work with SPIC							
One trusted assessor/ assessment will be used for all care homes reducing the need for multiple assessments and time delays in accessing assessments	Reduced delayed transfers of care Reduced length of stay	Working with SPIC to gain system agreement for a trusted assessor model Shropshire Council to contract for the trusted assessor		X			
	Patients are able to return home within 48 hours of being declared Fit for assessment where their health and care needs going forward will be assessed r work with SPIC One trusted assessor/ assessment will be used for all care homes reducing the need for multiple assessments and time delays in accessing	Patients are able to return home within 48 hours of being declared Fit for assessment where their health and care needs going forward will be assessed Twork with SPIC One trusted assessor/ assessment will be used for all care homes reducing the need for multiple assessments and time delays in accessing Delayed transfers of care will reduce More people will remain independent at home for longer Reduced delayed transfers of care will reduce More people will remain independent at home for longer	Patients are able to return home within 48 hours of being declared Fit for assessment where their health and care needs going forward will be assessed Twork with SPIC One trusted assessor/ assessment will be used for all care homes reducing the need for multiple assessments and time delays in accessing Delayed transfers of care will remain independent at home for longer More people will remain independent at home for longer Systems to monitor patient flow Working with SPIC to gain system agreement for a trusted assessor model Shropshire Council to contract for the trusted assessor	What will it look and feel like How will we know when we have achieved the outcome Patients are able to return home within 48 hours of being declared Fit for assessment where their health and care needs going forward will be assessed More people will remain independent at home for longer Patients are able to return home within 48 hours of being declared Fit for assessment where their health and care needs going forward will be assessed More people will remain independent at home for longer From the with spic assessor/ assessment will be used for all care homes reducing the need for multiple assessments and time delays in accessing How will we do it Complete the capacity and demand modelling as per section 2 — systems to monitor patient flow Working with SPIC to gain system agreement for a trusted assessor model Shropshire Council to contract for the trusted assessor	What will it look and feel like How will we know when we have achieved the outcome How will we do it Del	What will it look and feel like How will we know when we have achieved the outcome Patients are able to return home within 48 hours of being declared Fit for assessment where their health and care needs going forward will be assessed More people will remain independent at home for longer Patients are able to return home within 48 hours of will reduce More people will remain independent at home for longer Patients are able to return home within 48 hours of will reduce More people will remain independent at home for longer Patients are able to return home within 48 hours of will reduce More people will remain independent at home for longer Patients are able to return home within 48 hours of care Working with SPIC to gain system agreement for a trusted assessor model Shropshire Council to contract for the trusted assessor	How will we know when we have achieved the outcome How will we do it Delivery Timescale

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Key actions	What will it look and feel like	How will we know when we have achieved the outcome	How will we do it	30 days	Del 60 days	ivery Time 90 days	ocale QTR 4	Future Date
timescales		ISSIONS AVOIDANCE 90 day pl	an – see this plan for					
5.1.1 long term service redesign to deliver improvements – for 7 day working – for admissions avoidance and discharge – whole system response needed – links to work in SATH – safer bundle/red to green	Service design and workforce embrace 7 day working across health and care. Admission avoidance and discharge teams work 7 days a week. Care (including hospital discharge) and transfers of care happen 7 days a week.	Reduced bottlenecks Reduced delayed transfers of care Improved patient experience	Include in service transformation planning Operationalise Supported by IBCF additional funding					
5.1.2 ICS – service specification and contract – currently being reviewed to ensure 7 day working for Admissions avoidance and discharge – link to SaTH internal workforce plan moving to 7 day working – workforce issues remain barrier iBCF have identified monies to support 7 day working	Developing ICS and ICT to ensure 7 day working to support patient flow out of hospital and to stop people from going to hospital in the first place.	New ICS and ICT integrated teams working at full capacity Reduced non elective admissions Reduced length of stay Reduced delayed transfers	Include in ICS and ICT service specification as part of the Admissions Avoidance work					



Outcome 2 - Contracting						
5.2.1 Contracting - all contracts will be reviewed for assessment and starting care at the weekend–IBCF initiatives	Contracts will include 7 day working when needed	More services will be offered 7 days per week	More patients will be discharged 7 days a week Delayed transfers will reduce	Х		



		4. Truste	ed assessors					
Key actions	What will it look and feel	How will we know when we	How will we do it		Del	ivery Time	scale	
	like	have achieved the outcome		30 days	60 days	90 days	QTR 4	Future Date
Outcome 1 –Implement co	mpetency based Trusted A	ssessor approach						
6.1.1 Trusted assessor approach for pathways 1, 2 and 3 embedded in practice including integrated MDT working (Integrated Discharge Team)	Health and care rely on a trusted assessor to determine correct pathway for patient	Integrated teams working well together	Developing a clear assessment process for all health and care Engaging partners to understand and work together					
Outcome 2 - Brokerage								
6.2.1- Care providers and Brokerage function to operate 7 days a week to increase weekend assessments NS discharges	Brokerage will be available 7 days per week	?	?					
- Outcome 3 - Trusted a :	Outcome 3 - Trusted assessor model for care homes to be developed							
See 4.2.1 above								



		4.	Focused on choice					
Key actions	What will it look and	How will we know	How will we do it		Del	ivery Time	scale	
	feel like	when we have achieved the outcome		30 days	60 days	90 days	QTR 4	Future Date
Outcome 1 - Workforce								
7.1.1 Workforce development – we have the tools but how do we deliver it to patients? Proactive discharge – red to green and trusted assessor will help – communication – developing the workforce – ward rounds, Let's Talk local – in hospital	Patients and service users will understand the options available to them and are able to make informed decisions when appropriate	Patients / service users experience of care	Working through the workforce development of all partner organisations. Linking to the care navigator role, connecting Let's Talk Local into SaTH, ongoing development of the Neighbourhoods/ out of hospital work stream and Healthy Conversations/ MECC plus approaches					ongoing
Outcome 2 - Communication							•	
7.2.1 Developing good communication practices between organisation and with patients/ service users – connected to neighbourhoods and care navigator role	People will understand what services are available, how to access them and how to support themselves in their communities	Reduced unplanned admissions Reduced GP appointments	Support and develop integrated working Develop neighbourhood/ out of hospital workstream					ongoing
Outcome 3 – Develop Protocol								
7.3.1 Community Trust Protocol development needed – next level of proactive response needed- as per above - promoting choice policy								



		Enhancing health in	care homes					
Key actions	What will it look and feel	How will we know when we	How will we do it		Del	ivery Time	scale	
	like	have achieved the outcome		30 days	60 days	90 days	QTR 4	Future Date
Outcome 1 – Developing cor	nsistent and coordinated prim	nary and community care						
8.1.1 Audit — enhanced clinical input established but there is variation — audit of care home initiatives needed	All care homes will work with primary and community care	Audit will be complete	Commissioned piece of work		X			
8.1.2 Shropshire – commissioner led plan	All care homes will work with primary and community care	Improved consistency with joint working and service delivery within care homes Reduced hospital admissions from care homes						ongoing
Outcome 2 – Care home pla	I nning as part of wider system	plan						
8.2.1 Systematically linking care homes into wider system planning	Working with care homes is fully included	Reduced hospital admissions from care homes	Out of hospital plan including frailty pathway, integrated discharge processes and assessments include care home					Ongoing
Outcome 3 – Trusted assess	tcome 3 – Trusted assessor model for care homes – see 4.2.1 above							
See 4.2.1 above								



Shropshire MSK Review												
Key actions	What will it look and	How will we know	How will we do it									
	feel like	when we have achieved		30 days	60	90 days	QTR 4	Future				
		the outcome	la serra al		days			Date				
Outcome 1 – Ensure that patients have access to the appropriate evidence based MSK pathway						L CCC CD :		2040/40				
1.0 A new model of provision for MSK	A community based specialist MSK service serving the whole geographic area of Shropshire	All elective MSK /	Establish a prime			CCG GB to approve		2018/19				
		orthopaedic referrals	provider / ACO for MSK			way						
		will be channelled				forward						
		through a single										
		community based				Plans for						
		service, and onward	Improved access to local			improved						
		referrals coordinated by	based therapy services			therapy access.						
		that provider										
		The expectation is that						2040/40				
		the prime provider will	Establishment of "hub"					2018/19				
		develop into an ACO	and "spoke" service									
		across the whole	units									
		pathway										
1.1 A new model of	Evidence based MSK assessment and interventions A culture of continuous improvement and innovation across the whole pathway and sectors including prevention	Consistent evidence	Completion of MSK			Specs						
care for MSK		based conservative management of MSK	pathway specifications			completed						
		conditions will be the										
		norm and be	Introduction of				Model agreed	2018/19				
		governed by single service specifications	physiotherapy model				Wiodel agreed	2010/13				
			and specification for all									
		All orthopaedic	providers									
		referrals assessed by										
		a non-surgically led	New service			Spec in		Expansion				
		MSK triage service.	specification for SOOS			place		complete 2018/19				



Outcome 2 -								
2.0 Reduction in orthopaedic intervention rates to expected levels	Prompt access for orthopaedic surgery for those patients who require it. Improved patient recorded outcome measure Scores (PROMS) Improved VFM from sustainable levels of investment in orthopaedics.	Prompt local access to conservative MSK management Improved waiting times for orthopaedic surgery Surgical intervention will have fallen to benchmarked norms	Implementation of the community based MSK service Full implementation of the approved VBC policy	In place for Shropshire Further work with out of area providers		SOOS improvements	New service 2018/19	